

## Southwest Grief Coalition

Inter-denominationally sponsored by these churches:

### Spring 2019 Location

#### **Pax Christi Catholic Community**

12100 Pioneer Trail

Eden Prairie, MN 55347

Jean Thoresen, Director of Care & Support

952-941-3150 / [www.paxchristi.com](http://www.paxchristi.com)

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#### **Eden Prairie United Methodist Church**

15050 Scenic Heights Road

Eden Prairie, MN 55344

Pastor Dan Schneider-Bryan

952-937-8781 / [www.prairiechurch.org](http://www.prairiechurch.org)

#### **Family of Christ Lutheran Church**

2020 Coulter Boulevard

Chanhassen, MN 55317

Pastor Josh Nelson

952-934-5659 / [www.familyofchristonline.com](http://www.familyofchristonline.com)

#### **Immanuel Lutheran Church**

16515 Luther Way

Eden Prairie, MN 55346

Pastor Paul Nelson

952-937-8123 / [www.immanuel.us](http://www.immanuel.us)

#### **Prairie Lutheran Church**

11000 Blossom Road

Eden Prairie, MN 55347

Kris Miner

612-207-7299 / [www.plcchurch.org](http://www.plcchurch.org)

#### **St. Andrew Lutheran Church**

13600 Technology Drive

Eden Prairie, MN 55344

Pastor Peter Johnson

952-937-2776 / [www.standrewlu.org](http://www.standrewlu.org)

#### **St. Hubert Catholic Community**

8201 Main Street

Chanhassen, MN 55317

Diane Potts, Pastoral Minister

952-374-5049 / [www.sthubert.org](http://www.sthubert.org)

## Spring 2019

# Living & Growing Through Loss

[www.swgriefcoalition.org](http://www.swgriefcoalition.org)



**Southwest  
Grief Coalition**

*A coalition of churches providing  
faith based grief support*

[www.swgriefcoalition.org](http://www.swgriefcoalition.org)

## Grieving

Losing someone we love is one of life's most challenging passages. Learning about this process of grief, along with sharing our experience in a caring, supportive, and confidential setting, helps us to cope and leads to personal growth and healing.

The churches of the Southwest Grief Coalition are working together to provide support and education for those who are grieving.

## Our Purpose

To provide an opportunity for individuals to obtain information, support, and a welcoming community for grief issues following the loss of a loved one.

We encourage you to attend the entire series.

## Session Format

5:30–6:00 PM Gathering (\*supper provided)  
6:00–6:30 PM Education  
6:30–7:30 PM Adult Small Groups

\*Supper is provided each evening. There is no cost to participate in Living and Growing Through Loss. Church affiliation is not required.



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## Spring 2019 Location: Pax Christi Catholic Community

- **March 28**  
“When You’re Not Allowed to Talk About It”  
Fr. Mike Byron, Pastor, Pax Christi Catholic Community
- **April 4**  
“Musical Moments of Hope and Healing”  
Tami Briggs, Therapeutic Harpist, Musical Reflections
- **April 11**  
“Blessed Are They Who Mourn”  
Fr. Bill Murtaugh, Senior Associate Pastor, Pax Christi Catholic Community
- **April 18**  
**No session**
- **April 25**  
“Missing a Grandson”  
John Reardon, Counselor/Founder, Phoenix Process Consultants
- **May 2**  
“Stories of Faith, Hope and Love”  
Jean Thoresen, Director of Care and Support Ministry, Pax Christi Catholic Community
- **May 9**  
“Understanding Grief”  
Chaplain Mary Marcoux, Bereavement Professional and Certified Thanatologist, Friendship Village of Bloomington
- **May 16**  
“Where Do We Go From Here”  
Deacon Al and Chaplain Mary Ellen Schroeder, Pax Christi Catholic Community

## Education

Each session contains both an education segment and a time for sharing in small groups. Each week a speaker will present a topic to help participants understand the bereavement process.

## Small Group Support

People experiencing similar losses will have the opportunity to meet in small groups to share concerns and feelings following the speaker. Depending on the number of participants, small groups may include:

- Loss of a spouse/partner
- Loss of a parent
- Loss of a child
- Loss of family member/friend
- Suicide Survivors

Small groups are facilitated by those who are trained in the grief process and group dynamics. Many have experienced the death of a loved one.

Be not afraid of life. Believe that life is worth living and your belief will help create the fact.

~William James